

The 59th annual ACC Cross Country



5 June 2025

Perry Lakes Reserve



**Town of
Cambridge**

CAR PARKING

P Car parking is available in the following areas:

- car park behind the YMCC hockey clubrooms (before 9:15 am)
- temporary grass car park off Alderbury St.
- marked areas on the streets east & south of Alderbury St.
- Floreat Sport Precinct - off Ulster Road, Chandler Ave.
- Mt Claremont Sport Precinct – off Underwood Ave / Stephenson Ave.

P Car Parking is NOT allowed in the following areas:

- entrance road to the YMCC Clubrooms car park after 9:15am.
- pickup/drop off bus zones on Alderbury St and Perry Lakes Drive.
- Bold Park car parks off the west side of Perry Lakes Drive (Tuart & Camel Lake)
- WA Ecology Centre and Perry House car parks off Perry Lakes Drive.
- Perry Lakes Drive in the vicinity of the skate park.

AGE CLASSIFICATIONS

Students competing in ACC sport must be secondary school students and under 19 years of age at 31st December. Age group categories for Boys and Girls are: U13, U14, U15, U16 and U19.

All ACC carnivals use the cut-off date 30th June for age group classifications, in line with school year group ages.

Competitors are permitted to compete in *one* age group only.

MAXIMUM NUMBER OF COMPETITORS

A maximum of 6 competitors per gender and age group may run for each school.

Exceptions are made as follows:

- In U19 age events a maximum of 8 runners per gender may compete.
- Multi-Class/Inclusive athletes do not count towards a team's maximum number.

PROGRAM OF EVENTS

EVENT	GENDER	AGE	MARSHAL	START	CUT-OFF TIME
1	Girls	U19	09:10 am	09:30 am	9:55 am
2	Boys	U19	09:35 am	09:55 am	10:18 am
3	Girls	U16	10:00 am	10:20 am	10:45 am
4	Boys	U16	10:25 am	10:45 am	11:08 am
5	Girls	U15	10:50 am	11:10 am	11:35 am
6	Boys	U15	11:15 am	11:35 am	11:58 am
7	Girls	U14	11:40 am	12:00 pm	12:20 pm
8	Boys	U14	12:00 pm	12:20 pm	12:38 pm
9	Girls	U13	12:20 pm	12:40 pm	1:00 pm
10	Boys	U13	12:45 pm	1:05 pm	1:23 pm

NB: Multi-Class/Inclusive students will compete within their age/gender category, unless advised otherwise.

CLEAN UP 1:25 – 1:45 pm
PRESENTATIONS 1:45 – 2:15 pm

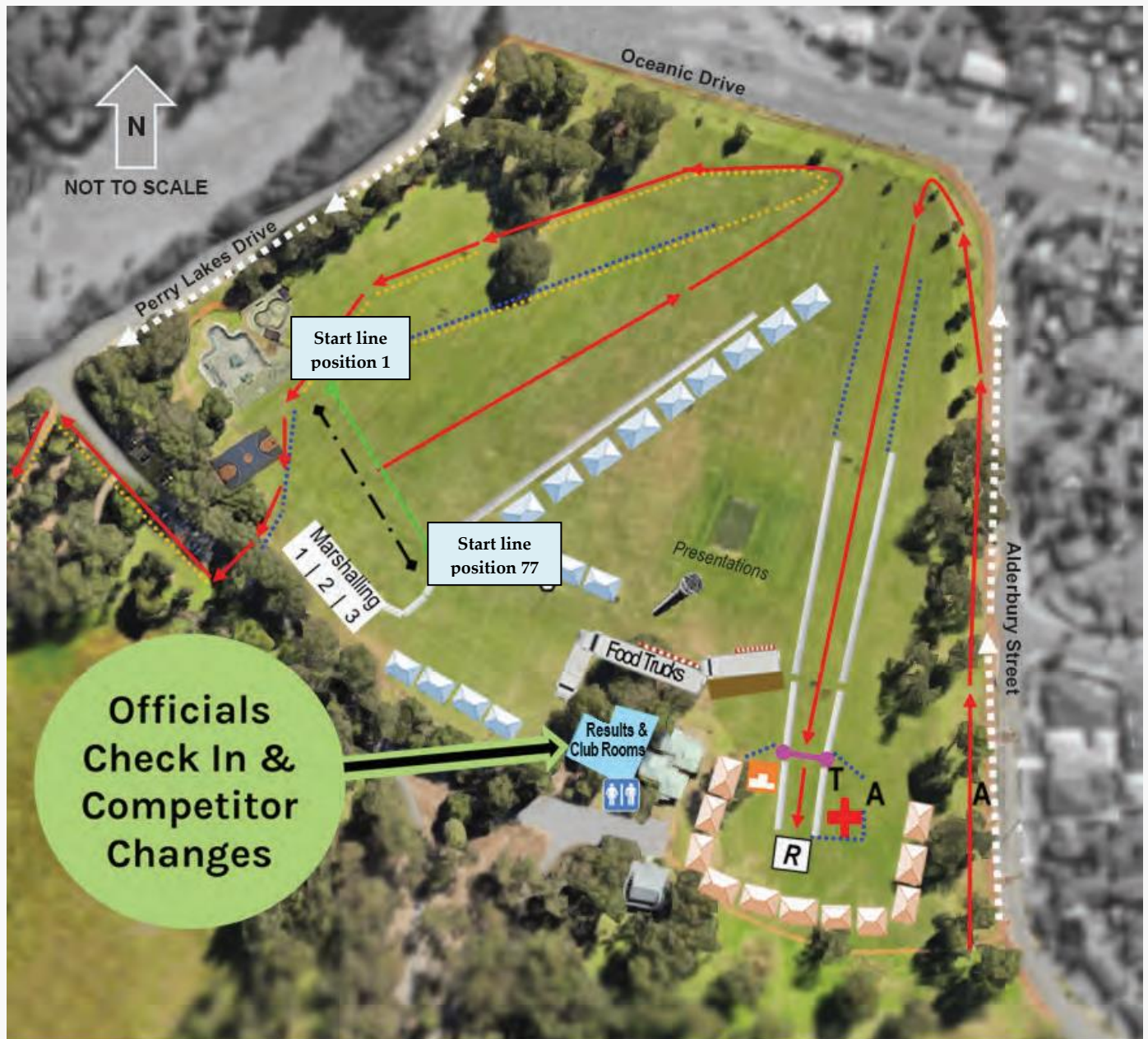
NB: Start times for events are approximate and may vary slightly on the day.

Course Route



- Numbers 1-26 refer to Station Officials locations.
- Standard course markers are red poles and orange road cones, with the 3km reduction marked in blue poles. Runners must keep all course markers to their left.
- The course is within the confines of the Perry Lakes area and crosses only internal roads.
- All genders run the same route. U13 & U14 run 3km; this course reduction is from stations 7-9.
- This map is only a guide; the course route will be clearly marked on the day.
- Where possible the route closely follows boundaries such as the lakes and log fences.
- Schools should endeavor to familiarize their competitors / officials with the course route.

Start and Finish Areas



- | | |
|--|---------------------------------------|
| ◆ · —◆ Marshal line with school names | —●— Finish line & Arch |
| —●— Start line | T Blue Chip Timing |
| - - - - Course markers (red poles/cones):
to be on runners left | R Blue Chip Results Display |
| → Direction of runners | 🏠 Medallion Dais / Recorders Tent |
| Rope/Bunting (do not cross) | 🎤 Announcer |
| — Crowd Control Barriers (do not cross) | 🚚 FitStop Food Trucks |
| 📧 School Supplied Marquees | 🏠 Light tower |
| 📧 Hire Marquees | 🛖 First Aid Tent |
| 📧 Club rooms | 🚌 Bus direction: Pick up/Drop off |
| Officials / Team Changes / Results | A Ambulance/Truck Access (keep clear) |

Note: Footballs/ soccer balls etc. are banned in all areas.
 The Basketball court and Skate Park off Perry Lakes Drive are out of bounds.
 Climbing of trees, hockey goals, marquees and buildings is prohibited.

Participating Schools	CODE	START LINE POSITION
Alkimos Baptist College	AKB	9 (Marshaling Chute 1)
All Saints' College	ASC	75 (3)
Aranmore Catholic College	ARA	71 (3)
Atlantis Beach Baptist College	ABB	65 (3)
Austin Cove Baptist College	ACB	12 (1)
Bunbury Grammar School	BCG	30 (2)
Carey Baptist College (F)	CRF	32 (2)
Carey Baptist College (H)	CRH	54 (3)
Carmel School	CAR	39 (2)
CBC Fremantle	CBC	1 (1)
Chisholm College	CHI	77 (3)
Corpus Christi College	COR	10 (1)
Court Grammar School	CGS	52 (3)
Dale Christian School	DCS	27 (2)
Ellenbrook Christian CS	ELL	57 (3)
Emmanuel Catholic College	ECC	18 (1)
Emmanuel Christian CS	ECS	47 (2)
Foundation Christian College	FCC	48 (2)
Frederick Irwin AS	FIA	29 (2)
Fremantle Christian College	FRE	36 (2)
Geraldton Christian College	GCC	64 (3)
Geraldton Grammar School	GGS	53 (3)
Grace Christian School	GCS	62 (3)
Guildford Grammar School	GUI	43 (2)
Helena College	HEL	70 (3)
Heritage College	HCP	28 (2)
Hillside Christian College	HIL	51 (3)
Holy Cross College	HCC	37 (2)
Immaculate Heart College	IHC	59 (3)
International School WA	IWA	17 (1)
Irene McCormack CC	IMC	69 (3)
John Paul College	JPC	4 (1)
John Septimus Roe ACS	JSR	73 (3)
John Wollaston ACS	JWS	55 (3)
John XXIII College	JTC	66 (3)
Kennedy Baptist College	KBC	35 (2)
Kingsway Christian College	KCC	40 (2)
Kolbe Catholic College	KOL	25 (1)
La Salle College	LSC	60 (3)
Lake Joondalup BC	LJB	41 (2)

Participating Schools	CODE	START LINE POSITION
Living Waters LC	LWL	61 (Marshaling Chute 3)
Lumen Christi College	LCC	67 (3)
Mandurah Baptist College	MBC	14 (1)
Mandurah Catholic College	MCC	58 (3)
Mater Dei College	MDC	56 (3)
Mazenod College	MAZ	33 (2)
Mercedes College	MER	1 (1)
Mercy College	MCY	45 (2)
Mother Teresa CC	MTC	15 (1)
Mundaring Christian College	MUN	19 (1)
Nagle Catholic College	NAG	8 (1)
Newman College	NEW	50 (2)
Peter Carnley ACS	PCA	7 (1)
Peter Moyes ACS	PMA	46 (2)
Prendiville Catholic College	PRE	24 (1)
Providence Christian College	PRO	63 (3)
Quinns Baptist College	QBC	44 (2)
Rehoboth Christian College	RCC	22 (1)
Sacred Heart College	SHC	72 (3)
Salvado Catholic College	SAL	6 (1)
Servite College	SER	3 (1)
Seton Catholic College	SET	20 (1)
South Coast Baptist College	SCB	21 (1)
St Andrew's Grammar	SAG	16 (1)
St Brigid's College	SBC	33 (2)
St George's AGS	STG	23 (1)
St James' Anglican School	STJ	49 (2)
St John Bosco College	SJB	2 (1)
St Joseph's School	SJN	38 (2)
St Mark's ACS	SMK	34 (2)
St Mary MacKillop College	MAK	42 (2)
St Norbert College	SNC	11 (2)
St Stephen's School (C)	SSC	5 (1)
St Stephen's School (D)	SSD	74 (3)
Swan Christian College	SWA	26 (2)
Swan Valley ACS	SVA	31 (2)
The King's College	TKC	13 (1)
Tranby College	TRA	68 (3)
Ursula Frayne CC	UFC	76 (3)

MARSHALLING

New Marshalling Process for 2025

- Much like 2024, schools must ensure the correct timing bib is placed on the correct student athlete (this is a school responsibility prior to the athletes being marshalled).
- Automated Marshalling Mats – in 2025 the main marshalling tent will have 3 x black mats that competing students will walk over on their way out to the marshalling line for their event. It is of high importance that students must be wearing the correct timing bib allocated to them.
- Marshalling marquee entry.
Start line position 1-25 enter via chute 1 /positions 26-50 enter via chute 2 / positions 51-77 enter via chute 3. Your chute number is in brackets alongside your lane number.
- Only the students competing in each particular race will be permitted to marshal through the marshalling tent (gates) i.e. first race, U19 girls will be permitted to walk through the marshalling marquee and over the marshalling mats.

Each school must have a team liaison person with their runners for each event at the marshalling area at the correct marshalling time.

School team liaisons are to:

- ensure any competitor changes have been made with the competitor change officials in the YMCC Club Rooms.
- ensure competitors do not enter the marshalling area before their event's marshaling time (i.e. more than 20 minutes ahead of their event time).
- ensure no more than the maximum number of allowed runners for each event enter the marshalling and start line area.
- assist in positioning their competitors on the marshalling line, behind their school sign, in pairs (2 behind 2) with the best runners at the front

The background image shows a cross-country race starting. On the left, several runners in athletic gear are lined up, waiting for the start. On the right, a person in a maroon and blue athletic uniform is partially visible. The scene is outdoors on a grassy field with trees in the background.

THE START

- The starter will call runners forwards from the marshalling line to the start line
- At the start line, runners are to retain their positions in pairs (2 behind 2, with the best runners at the front)
- The starter's command will be 'TAKE YOUR MARKS' followed by an air horn with start signal

EVENT RULES

Event rules are as per IAAF cross country running rules, except where stated otherwise.

DRESS

Competitors are to be attired in their school's athletic/cross country or physical education uniform.

- Footwear is compulsory. Spikes are not to be worn.
- Music devices and headphones/earpods are not to be worn while competing. We also discourage watches being worn due to possible timing bib sensitivity.
- Timing bibs must be worn and correctly fitted. It is the school's responsibility to ensure that competitors wear their correct bib number.

GENERAL

- RESULTS/PLACES: All runners are automatically timed and placed by the timing system when they cross the finish line.
- A competitor who does not cross the finish line unaided will not receive an official time, place or score. Runners that do not finish the race will be listed as DNF in the results.
- Course officials have the power to disqualify students who choose to walk the course and are without the desire or fitness to complete the course as a run. These students may be directed back to their team area without finishing.

EVENT DISTANCES & RACE CUT-OFF TIMES

Girls	U13 & U14 age categories	3000m	20 minutes
Boys	U13 & U14 age categories	3000m	18 minutes
Girls	U15, U16 & U19 age categories	4000m	25 minutes
Boys	U15, U16 & U19 age categories	4000m	23 minutes

A chime will sound at the designated cut-off time to signal that the recording of race results has finished. Runners will still be allowed to complete the course and receive a finish time; however, they will not score an official result.

NB: There is to be no coaching of athletes while they are competing.

**ACC Cross Country Live Stream
QR Code**



RESULTS

All results will be available online at

- <https://www.accsport.asn.au/carnivals/cross-country/results/2025>
- Blue Chip Website - <https://bluechipresults.com.au/results.aspx?CId=11&RId=1741>
- Live Leader Board - <https://bluechipresults.com.au/live.aspx?CId=11&RId=1741>

TROPHIES & AWARDS

Competitors represent their school as an individual and as part of a team.

Medallions are awarded for individual competitors as follows:

- 1st, 2nd and 3rd place getters in each event including Multi Class athletes
- 1st place getter in Inclusive events

Trophies are awarded in the following 13 categories:

U13 Boys	U14 Boys	U15 Boys	U16 Boys	U19 Boys	Aggregate Boys	Combined Aggregate
U13 Girls	U14 Girls	U15 Girls	U16 Girls	U19 Girls	Aggregate Girls	

To qualify for these 13 team trophies a school must have a minimum of 3 runners who successfully complete the course within the cut-off time, in each event within the trophy category. The first three places gained by an individual school in each event, count towards these team trophies.

Schools with a year 7-12 student population under 500 can compete for shields in 2 additional categories:

Sub-500 Junior Aggregate (U13-U15)

Sub-500 Senior Aggregate (U16-U19)

To qualify for these 2 team trophies a school must have a minimum of 2 runners who successfully complete the course within the cut-off time, in each event within the trophy category. The first two places gained by an individual school in each event, count towards these 2 team trophies.

In the case of a 'draw', the trophy will be shared.

Multi-Class/Inclusive competitors only score points for their school in the main trophy categories if they are in the top three finishers for their school and finish inside the cut off time. The Multi-Class/Inclusive events are separate events.

The first five place-getters in each gender age group will be selected in the ACC All Stars Cross Country Team.

The first two classified Multi Class competitors in each gender age group, with positions determined using Athletics Australia's Baseline Scoring template, will also be selected in the ACC All Stars Cross Country Team.

Those who achieve ACC All Stars will receive a certificate and an 'All Stars' pin to acknowledgment this achievement.



[instagram.com/accsport1](https://www.instagram.com/accsport1) #accsport



WALLY'S
TACOS

BOOST



ACC All Stars Cross Country 2024

U/13 Girls

1	Fieke Potter	St George's AGS
2	Abeerah Ali	Carey Baptist, Harrisdale
3	Vivienne Barley	John XXIII College
3	Scarlett Marr	Sacred Heart College
5	Sienna Tenardi	St James' Anglican School

U/13 Boys

1	Jaydon Anthony	St John Bosco College
2	Ajay Goyen	CBC Fremantle
3	Jordan Manfield	Mother Teresa CC
4	Thomas Fallan	Peter Moyes ACS
5	Jake Thornton	Frederick Irwin AS

U/14 Girls

1	Tori Stancombe	Mater Dei College
2	Charlotte Hayward	Helena College
3	Mia Shelley	Peter Moyes ACS
4	Amber Rodan	John Paul College
5	Ava Brennan	Sacred Heart College

U/14 Boys

1	Dean Skroza	St Stephen's, Carramar
2	Jaison Jaschinsky	Irene McCormack CC
3	Tighe Wynne	Irene McCormack CC
4	Liam Domoney	Carey Baptist, Harrisdale
5	Austin Saratsis	All Saints' College

U/15 Girls

1	Lia Watters	St George's AGS
2	Olivia Smith	All Saints' College
3	Olivia Britten	Peter Moyes ACS
4	Shea Correia	Emmanuel CC
5	Imogen Winfield	Emmanuel CC

U/15 Boys

1	Grayson Brydon	Irene McCormack CC
2	Thomas Davey	Mazenod College
3	Toby Riches	All Saints' College
4	Duku Jansuk	Salvado Catholic College
5	Joel Baker	CBC Fremantle

U/16 Girls

1	Olivia Hildebrandt	Newman College
2	Emily Anderson	Guildford Grammar School
3	Olivia McCay	Emmanuel CC
4	Claudia Gnech	John XXIII College
5	Sasha Pallis	John XXIII College

U/16 Boys

1	Eli Saratsis	All Saints' College
2	Barnaby Lancaster-Simper	St James' Anglican School
3	Kalen Bennet	St Mary MacKillop College
4	Albert Turner	Mandurah CC
5	Cohen Pressley	St Mark's ACS

U/19 Girls

1	Madeline Taylor	International School of WA
2	Isabella Heathcote	St Stephen's, Duncraig
3	Beth Kilgallon	Peter Moyes ACS
4	Nicole Chamberlain	Geraldton Grammar
5	Mia Colley	John Wollaston ACS

U/19 Boys

1	Matthew Dodds	Sacred Heart College
2	Andrew Hellbusch	Providence Christian
3	Dante Armstrong	Irene McCormack CC
4	Caide Ellis	Mandurah Baptist College
5	Luke Thompson	Lake Joondalup Baptist

Multi-Class

1	Rebekah Fraser	Rehoboth	Girls	U16	T01
1	Josh Reeve	Quinns	Boys	U19	T01
1	Deacon Ayres	Seton	Boys	U19	T37

HISTORY OF RESULTS

A History of Results of the ACC Cross Country carnivals from 1966 to 2024 can be viewed on the ACC website. Scanning this QR code will take you there.

Results History



Sacred Heart College 2024 Cross Country Champion School

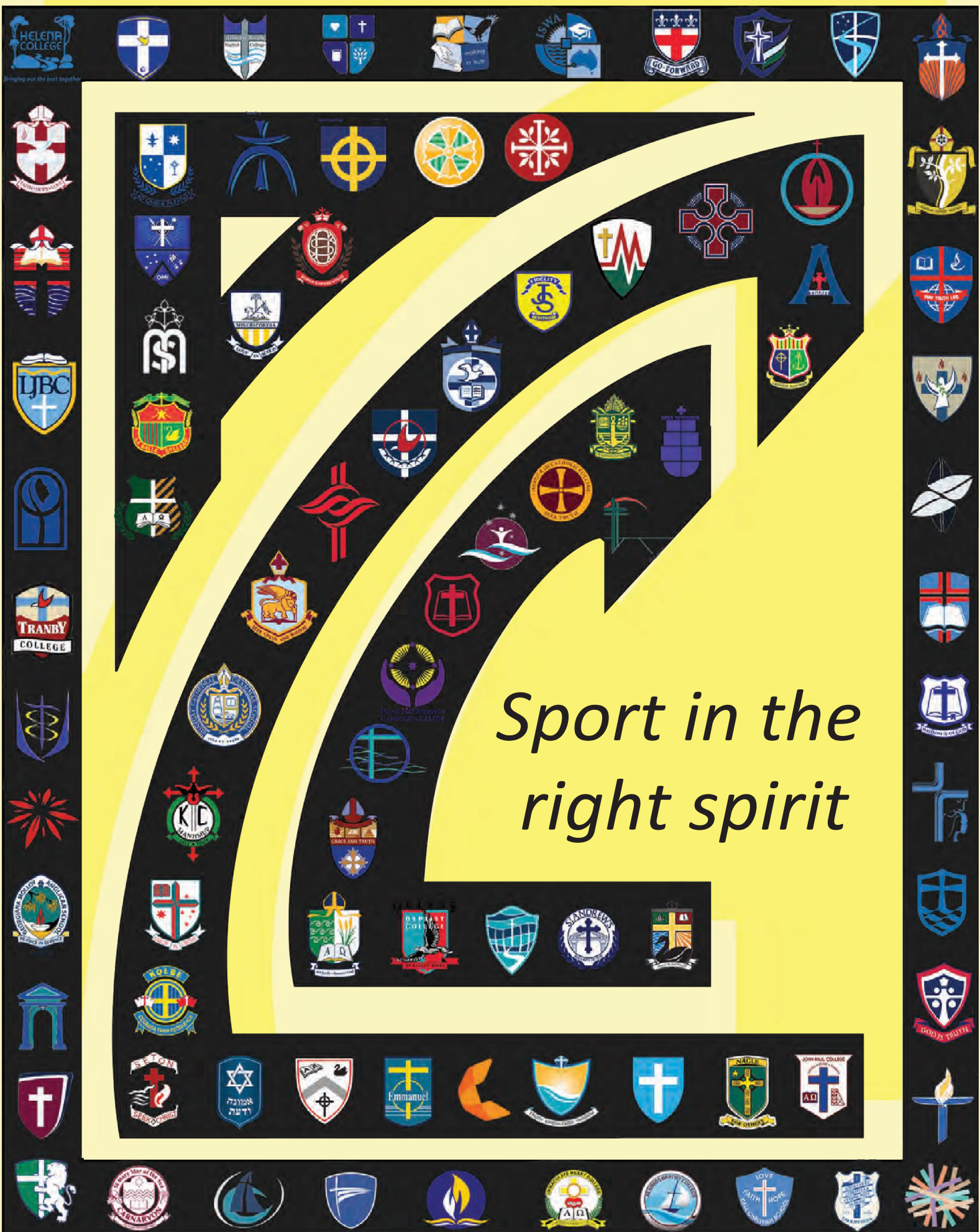


2024 Trophy Winners

Girls U/13	Mercedes College
Boys U/13	CBC Fremantle
Girls U/14	Sacred Heart College
Boys U/14	Irene McCormack CC
Girls U/15	Kolbe Catholic College
Boys U/15	Sacred Heart College
Girls U/16	Sacred Heart College
Boys U/16	St Mark's ACS
Girls U/19	Peter Moyes ACS & Sacred Heart
Boys U/19	Sacred Heart College
Girls Aggregate	Sacred Heart College
Boys Aggregate	CBC Fremantle
Overall Aggregate	Sacred Heart College



Sub-500 Junior Aggregate	Bunbury Cathedral Grammar
Sub-500 Senior Aggregate	Bunbury Cathedral Grammar



*Sport in the
right spirit*